PORTARLINGTON Leisure Centre

July 5th to August 29th 2010

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool
		Public (2L) 7.00am – 9.30am				Public (2L) 7.00am – 9.00am				**Summer Swim Academy:** A fantastic way to give your child the intensive teaching required to reach the next level.			
Public (2L) 9.30am – 10.30am		Aquafit & Public (1L) 9.30am - 10.30am		Public (2L) 9.30am – 10.30am		Piranhas Club 9am - 10.30am		Aquafit & Public (1L) 9.30am - 10.30am					
Swim Academy 10.45am - 11.30am		Swim Academy 10.45am - 11.30am		Swim Academy 10.45am - 11.30am		Swim Academy 10.45am - 11.30am		Swim Academy 10.45am - 11.30am					
Swim Academy 11.30am - 12.15pm		Swim Academy 11.30am - 12.15pm		Swim Academy 11.30am - 12.15pm		Swim Academy 11.30am - 12.15pm		Swim Academy 11.30am - 12.15pm		Public (1L) 10.30am - 2.00pm		Public (1L) 11.30am - 2.00pm	
Public (2L) 12.30pm - 1.45pm		Public (2L) 12.30pm - 1.45pm		For Hire 12.30pm - 1.30pm		Hired 12.15pm - 1.00pm		Hired 12.30pm - 1.30pm					
Public (1L) 1.45pm - 4.00pm		Public (1L) 1.45pm - 4.00pm		Public (1L) 1.45pm - 4.00pm		Public (1L) 1.00pm - 4.00pm		Public (1L) 1.45pm - 4.00pm		For Hire 2.05pm – 2.55pm		For Hire 2.05pm – 2.55pm	
Fun Swim 4.00pm - 5.00pm		Public (2L) 4.00pm - 5.45pm		Public (2L) 4.00pm - 5.45pm		Public (2L) 4.00pm - 5.45pm		Fun Swim 4.00pm - 5.00pm		Public 3.00pm - 4.30pm		Fun Swim 3.00pm - 4.30pm	
Public (2L) 5.00pm - 6.00pm								Public (2L) 5.00pm - 5.45pm		Public (2L) 4.30pm - 5.30pm		Public (2L) 4.30pm - 5.30pm	
Public (2L) 6.00pm - 7.00pm		Swim Challenge -5L 6.00pm - 6.45pm		Hired 6.00pm - 6.45pm		Public (2L) 6.00pm - 7.00pm		For Hire 5.55pm - 6.55pm		**Tel: 057-8645800** Email: info@portarlingtonleisurecentre.ie Website: www.portarlingtonleisurecentre.ie *Working towards a healthier community!*			
Public 7.00pm - 8.00pm		Aquafit & Public 7.00pm - 8.00pm		Public 7.00pm - 8.00pm		Aquafit & Public 7.00pm - 8.00pm		Public 7.00pm - 8.00pm					
Adult Swim (2L) 8.00pm - 9.15pm		Adult Swim (2L) 8.00pm - 9.15pm		Adult Swim (2L) 8.00pm - 9.15pm		Adult Swim (2L) 8.00pm - 9.15pm		Adult Swim (2L) 8.00pm - 9.15pm					

Child Swim	€3.00
Adult Swim, Sauna & Steam Room	€6.00
O.A.P. / Student Swim, Sauna & Steam Room	€4.50
Aquafit Pay As You Go	€7.00

Subject to change

This symbol indicates sessions where play equipment will be distributed. Play equipment will be distributed at these sessions only.

Swim Lessons	Hired
Public Swim / Aquafit	Piranhas Swim Club
Port Lifesaving Club	1 L / 2L
For Hire	No of lanes in session

- If you have any medical condition which could affect your safety while using the facilities, please inform a member of staff on each visit.
- Swimming hats must be worn by all bathers. All patrons must shower before entering and re-entering the pools, sauna or steam room.
- Lockers are provided to safeguard your belongings. These work on a €1.00 coin return system. Change is available from reception.
- A wristband system is operated during peak times and for certain classes. Enquire at reception for further details.
- Bank Holidays will run as per Sunday's timetable

Children under 8yrs must be accompanied in the water by an adult (16yrs +)