

Port Swim Academy

Child's Name: _____
 Parent/Guardian: _____
 Address: _____

 Child's Date of Birth: / / Phone: _____
 Medical History:(If Any) _____
 Email: _____ Parent Signature: _____

My Level is:

Introduction to water
3-5 Yrs Learner pool

Fundamental Aquatics
Learner Pool

Stroke Development
Main Pool 1

Stroke Improvement
Main Pool 2

Stroke Refinement
Main Pool 3

Swimming Proficiency
Main Pool Deep end

Early Endurance
Main Pool Lanes 1 & 2

Stroke Proficiency &
Endurance Lanes 3,4&5

Rookie Lifeguard
Water Safety &
Lifesaving Skills

Snorkelling
Basics on how to use a
Mask Snorkel & fins

The day and time I would prefer is:

Tuesdays @ 3.30pm-4.10pm

Thursdays @ 3.30pm-4.10pm

Tuesdays @ 4.15pm-4.55pm

Thursdays @ 4.15pm-4.55pm

Wednesdays @ 3.30pm-4.10pm

Saturdays @ 10.00am-10.40am

Wednesdays @ 4.15pm-4.55pm

Saturdays @ 10.45am-11.25am

~~Course 1 9 weeks €72
Sep 6th - Nov 10th 2011
Open booking from Aug 5th~~

**Halloween
Camp
1st - 4th Nov**

Course 3 8 weeks €64
Feb 7th - Mar 29th 2012
Priority booking 17th 18th 19th & 21st Jan
Open bookings from 22nd Jan

~~Course 2 9 weeks €72
Nov 15th 2011- Feb 2nd 2012
Priority booking 18th 19th & 20th Oct
Open bookings from 21st Oct~~

**Easter Camps
2nd - 6th &
9th - 13th Apr**

Course 4 9 weeks €72
April 17th - June 14th 2012
Priority booking 13th 14th 15th & 18th Mar
Open bookings from 19th March

Discounts Available For Families & Child leisure pass holders

For Office Use Only

Amount Paid € _____ Receipt No. _____ Initial _____

Child Learn to Swim levels 1 - 6

A 40 min swim lesson once a week for 9 weeks
 Tuesdays, Wednesdays or Thursdays @ 3.30pm or 4.15pm
 Saturdays @ 10.00am or 10.45am
 All abilities from Level 1 (Toddlers 3-5 Years, 30mins) up to
 level 6 Swimming & Skill Proficiency.
 Aim: Improving swimming ability & stroke development.

Lane Swimming levels 7 & 8

A 1 hour lesson for once a week. Ongoing, can be paid for in 9 week blocks
 Mondays @ 5.55pm - 6.55pm €50 for 9 weeks or €8 per session
 Aimed at Advance swimmers that would like to develop their swimming stroke, stamina and
 prepare for competitive swimming.
 Be able to swim at least 25 metres

Rookie Lifeguard

A 1 hour lesson for once a week. Ongoing, can be paid for in 9 week blocks
 Wednesdays @ 5.55pm - 6.55pm
 Aimed at Advance swimmers, this camp will develop skills & knowledge in Water Safety
 Rescue, Resuscitation and Lifesaving Skills
 Must be aged 8-15 years. Be able to swim at least 25 metres.



Swim Camps

A 40 min swim lesson every day for one week
 Monday - Friday @ 10.45am or 11.30am
 1 week of intensive swim lessons + other actives
 All abilities from level 1-Toddlers (3-5 Years for 30mins) to level 8 Lane Swimmers.

Snorkelling Course

A 1 hour lesson once a week for 6 weeks
 Fridays @ 5.55pm - 6.55pm
 Aimed at children who want to learn how to properly use a Mask, Snorkel or Fin's
 (must be a competent swimmer in deep water)

Gala Week

We will be running a Gala on the on the week of the 18th - 22nd of June for
 participants of our swim academy throughout the year everyone welcome.



Port Swim Academy

Swimming Lessons Policies and Guidelines
Important Information for Swimmers, Parents / Guardians and Children

Available Places

- Any available places that arise from the rebooking will be released to the public at a date and time specified by Portarlington Leisure Centre.
- Places are offered in person on a first come, first served basis, with full payment.
- A deposit will temporarily hold a place however full payment is required prior to a date and time specified by Portarlington Leisure Centre. (This is usually at the latest 8 – 12 days prior to the course commencing) otherwise your place may be given to a full paying customer.
- ONLY FULL PAYMENT WILL GUARANTEE YOUR PLACE.
- Please be aware for us to provide the highest quality of lesson, there are limited places in each level; therefore the day, time and level you require may not be available.
- Siblings will not be given priority over other members of the public but will receive a discount when booking at the same time.
- Children must be 3 years of age (for level 1 Toddlers) and 5 years of age (for level 2 and up) by the time lessons commence.

Priority booking

- Priority booking is for children that are attending a current course of lessons, to provide them with continuity in their learning.
- Priority booking will take place on week 7 of a 9 week course. Children must be re-enrolled on the dates specified by the centre to secure their place for the following term of swimming lessons.
- A deposit will temporarily hold a place however full payment is required prior to a date and time specified by Portarlington Leisure Centre. (This is usually at the latest 8 – 12 days prior to the course commencing) otherwise your place may be given to a full paying customer.
- ONLY FULL PAYMENT WILL GUARANTEE YOUR PLACE.
- It is the responsibility of each parent to re-enroll their child.
- After the specified dates the remaining places will be offered to new bookings, on a first-come-first-served basis.
- Re-enrolment cannot be completed, and places cannot be held, until the full amount has been paid. These fees are non-refundable.

Movement

- The children will move levels depending on assessment results and places available in the next level.
- Every effort is made by the Swimming teachers to provide the best instruction for each child at the right level. The instructors do their best to ensure children move through the levels as soon as they are ready, but this depends on the places available in the next class.
- If the next class is full, the child will have to remain at the same level.
- Our aim is to progress the children through the swimming lessons at their own pace, nevertheless, their advancement would be much improved if they swim outside of the swimming lessons.

Parent / Guardian Code of Conduct

- If your child is under 8 you must remain in the building (and be easily contactable) at all times during the swimming lesson. Please be available to take your child to the toilet if required during the session.
- If you need to speak with a teacher about an issue, please first contact reception, if it is urgent it will be passed on immediately, otherwise they will inform the teacher and the teacher will contact you after they have finished teaching - please leave a contact telephone number if the teacher has another class immediately after.
- If your child has been or feels ill, suffered sickness or diarrhoea etc. in the past 48 hours please consider that it may be better for your child not to attend their lesson this week.
- Parents / guardians are not permitted on to the pool side during lessons.
- Anyone eating in the spectators area please dispose of your rubbish appropriately.

Further Guidelines

- Any monies paid are non-refundable – special dispensation may be made for certified illness.
- Children must shower and use the toilet before entering the water.
- Hats must be worn by all swimmers.
- Bullying in any form will not be accepted in accordance with Portarlington Leisure Centre's Child Protection Policy.
- Children who misbehave will be asked to leave the lesson. No concession will be forthcoming in these circumstances.
- Food, fizzy drinks, chewing gum and glass containers are not permitted on the poolside or in the changing area.
- Personal belongings are not to be left in changing cubicles for the duration of the lesson.
- PLEASE USE THE COIN OPERATED LOCKERS PROVIDED.
- No responsibility will be taken by Portarlington Leisure Centre, or its staff for lost, stolen, damaged or moved property.
- We ask all visitors to the leisure centre to be courteous and respectful to all. We ask our staff to do the same.
- Jewellery must not be worn or left on the pool side.
- Use of photographic and video recording equipment is not permitted on site.

Missed Days

- If Portarlington Leisure Centre cancels a lesson for any reasons, make-up days will be held at a later date.
- If a lesson is missed for the participants' own reasons, no make-up lesson can be scheduled. Because of the limited number of spaces available and the proper participant-to-instructor ratio, participants may not visit another class for a make-up.
- If you know in advance of any lessons the child will not be attending we will deduct the price of that lesson off the amount paid.
- If a lesson is missed for a medical reason please inform us as soon as possible.

Please indicate your agreement by signing and dating the Swimming Lessons Application Form.

PORTARLINGTON
Leisure Centre



Learn to Swim
& More



For Children & Teens of all abilities Ages 3 - 15 years

For further information call,

057-86 45800

info@portarlingtonleisurecentre.ie
www.portarlingtonleisurecentre.ie